# **First Aid**

## **Policy statement**

In our setting staff are able to take action to apply first aid treatment in the event of an accident involving a child or adult. At least one member of staff with current first aid training is on the premises or on an outing at any one time, there usually at least four in the setting on a day to day basis.

## Procedures

## The first aid kit

Our first aid kit is accessible at all times (and kept in the leisure center), complies with the Health and Safety (First Aid) Regulations 1981 and contains the following items:

- Triangular bandages (ideally at least one should be sterile) x 3.
- Sterile dressings:
- Small (formerly Medium No 8) x 3.
- Medium (formerly Large No 9) x 3.
- Large (formerly Extra Large No 3) x 3.
- Composite pack containing 20 assorted (individually-wrapped) plasters x 1.
- Sterile eye pads (with bandage or attachment) dressing x 2.
- Container of 6 safety pins x 1.
- Guidance card as recommended by HSE x 1.

In addition to the first aid equipment, each box should be supplied with:

- 2 pairs of disposable plastic (PVC or vinyl) gloves.
- 1 plastic disposable apron.
- A children's forehead strip thermometer.
- A bump my head band x 5
- The first aid box is easily accessible to adults and is kept out of the reach of children.
- No un-prescribed medication is given to children, parents or staff.

#### Legal framework

• Health and Safety (First Aid) Regulations (1981; 2013)

#### Further guidance

- First Aid at Work: Your questions answered (HSE Revised 2013)
- Basic Advice on First Aid at Work (HSE Revised 2013)
- Guidance on First Aid for Schools (DfEE)

This policy was adopted by: Just for Fun Holiday Club	Date: 11/03/24
To be reviewed: 01/02/26	Signed: